
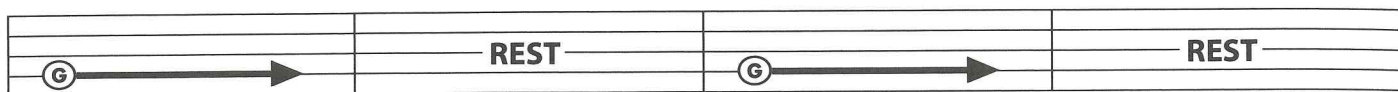


g Tone  To begin, we'll use a special Long Tone note. Hold the tone until your teacher tells you to rest. Practice long tones each day to develop your sound.

E FIRST NOTE

Hold each long tone until your teacher tells you to rest.



played with **open valves**. Just rest your fingers lightly on the valves.



Beat

A beat is the pulse of music, and like your heartbeat it should remain very steady. Counting aloud and foot-tapping help you maintain a steady beat. Tap your foot **down** on each beat and **up** on each "&."

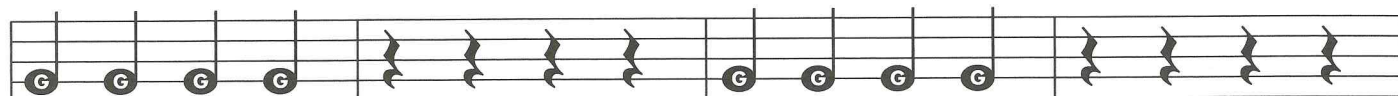
beat = 1 &
↓ ↑

Notes And Rests

Notes tell us how high or low to play by their placement on a line or space of the music staff, and how long to play by their shape. **Rests** tell us to count silent beats.

 Quarter Note = 1 beat
 Quarter Rest = 1 silent beat

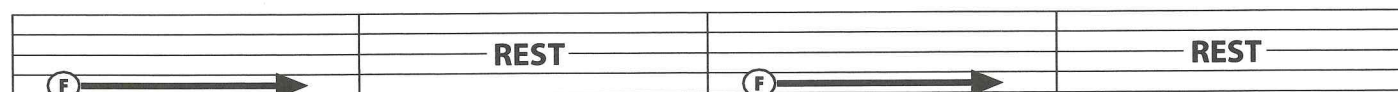
COUNT AND PLAY



Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &
Tap: ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

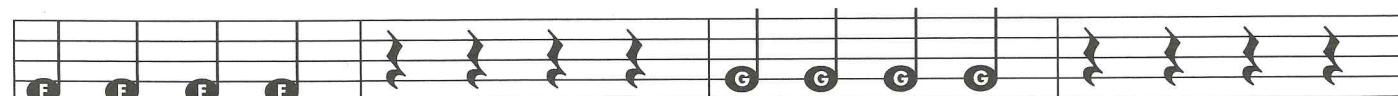
NEW NOTE

Look for the fingering diagram under each new note.



Black circles tell you which valves to push down. "F" is played with 1st valve.

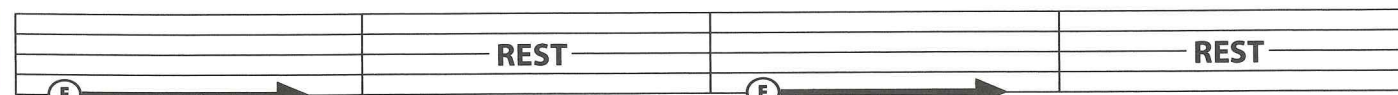
FOUR'S A TEAM



Tap: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

LEADING DOWN

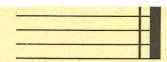
Practice long tones on each new note.



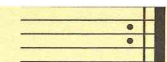
MOVING ON UP



Double Bar

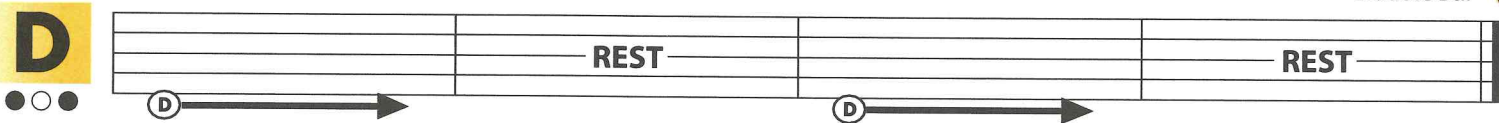
 indicates the end of a piece of music.

Repeat Sign

 Without stopping, play once again from the beginning.

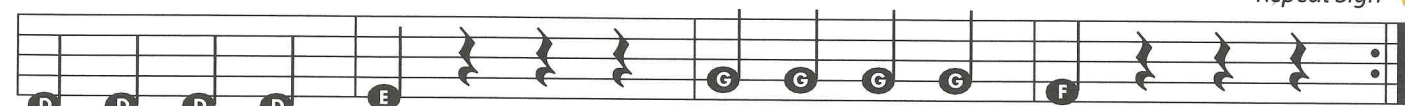
7. THE LONG HAUL

Double Bar ▾



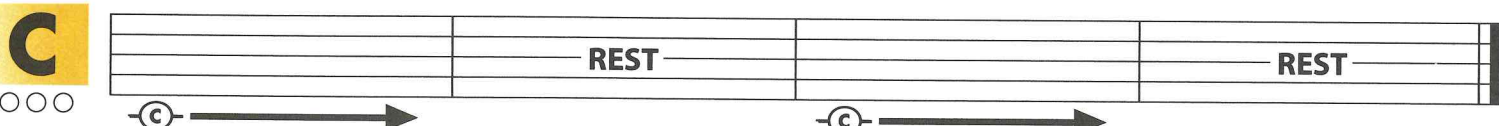
8. FOUR BY FOUR

Repeat Sign ▾

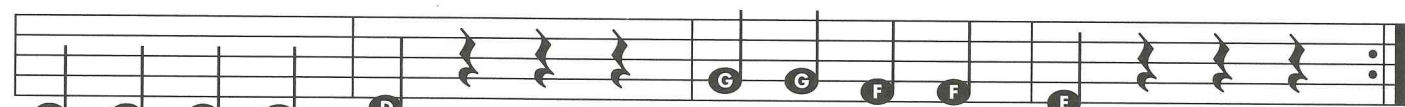


Count & Tap: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

9. TOUCHDOWN



10. THE FAB FIVE





1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Treble Clef

(G Clef) indicates the position of note names on a music staff: Second line is G.

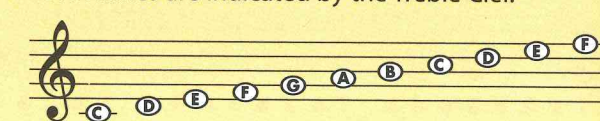
Time Signature

indicates how many beats per measure and what kind of note gets one beat.

 = 4 beats per measure
 = Quarter note gets one beat

Note Names

Each note is on a line or space of the staff. These note names are indicated by the Treble Clef.



THEORY

Sharp

raises the note and remains in effect for the entire measure.

Flat


b lowers the note and remains in effect for the entire measure.

Natural

♮ cancels a flat (b) or sharp (#) and remains in effect for the entire measure.

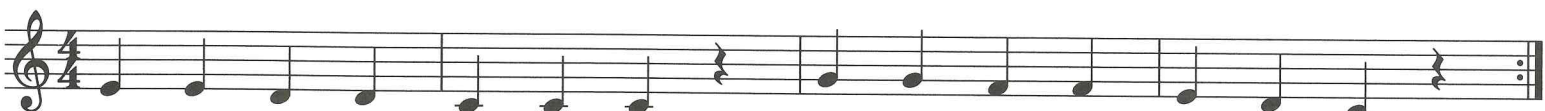
11. READING THE NOTES

Compare this to exercise 10, THE FAB FIVE.



1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

12. FIRST FLIGHT



13. ESSENTIAL ELEMENTS QUIZ

Fill in the remaining note names before playing.

