

Long Tone



To begin, we'll use a special "Long Tone" note. Hold the tone until your teacher tells you to rest. Practice long tones each day to develop your sound.

1. THE FIRST NOTE

Hold each long tone until your teacher tells you to rest.

G

A musical staff with four measures. The first measure contains a circled 'G' with an arrow pointing right. The second measure contains the word 'REST'. The third measure contains a circled 'G' with an arrow pointing right. The fourth measure contains the word 'REST'.

▲ To play G, place your fingers on the keys as shown.

The Beat

The **beat** is the pulse of music, and like your heartbeat it should remain very steady. Counting aloud and foot-tapping help us maintain a steady beat. Tap your foot **down** on each number and **up** on each "&."

One beat = 1 &
↓ ↑

Notes And Rests

Notes tell us how high or low to play by their placement on a line or space of the music staff, and how long to play by their shape. **Rests** tell us to count silent beats.

- Quarter Note = 1 beat
- Quarter Rest = 1 silent beat

2. COUNT AND PLAY

Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Tap: ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

3. A NEW NOTE

Look for the fingering diagram with each new note.

F

A musical staff with four measures. The first measure contains a circled 'F' with an arrow pointing right. The second measure contains the word 'REST'. The third measure contains a circled 'F' with an arrow pointing right. The fourth measure contains the word 'REST'.

4. TWO'S A TEAM

Count & Tap: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

5. HEADING DOWN

Practice long tones on each new note.

E

A musical staff with four measures. The first measure contains a circled 'E' with an arrow pointing right. The second measure contains the word 'REST'. The third measure contains a circled 'E' with an arrow pointing right. The fourth measure contains the word 'REST'.

6. MOVING ON UP