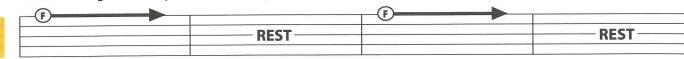


Hold each long tone until your teacher tells you to rest.



To play "F," place your fingers on the keys as shown.

Beat

100

peat is the pulse of music, and like your heartbeat it ld remain very steady. Counting aloud and foot-tapping us maintain a steady beat. Tap your foot down on each per and up on each "&."

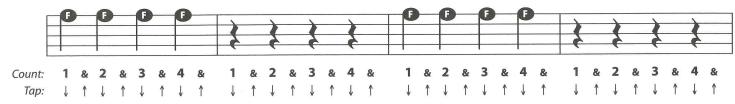
beat = 1 &

Notes And Rests

Notes tell us how high or low to play by their placement on a line or space of the music staff, and how long to play by their shape. Rests tell us to count silent beats.

Quarter Note = 1 beat Quarter Rest = 1 silent beat

DUNT AND PLAY



NEW NOTE

Look for the fingering diagram under each new note. This note is "Eb (E-flat)."

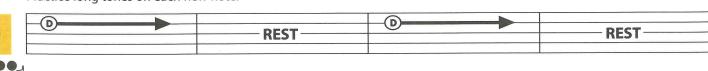


VO'S A TEAM

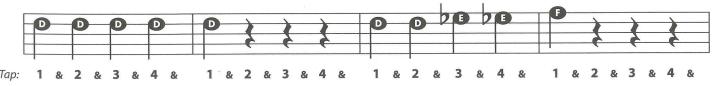


EADING DOWN

Practice long tones on each new note.



OVING ON UP







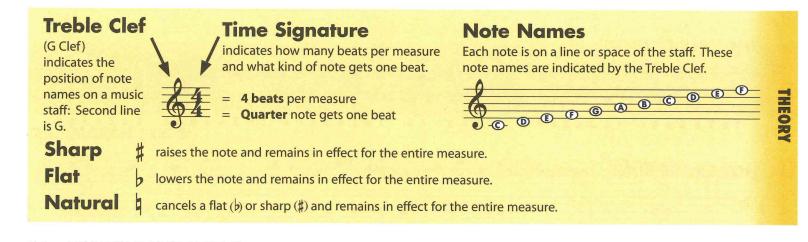


9. TOUCHDOWN



10. THE FAB FIVE





11. **READING THE NOTES** Compare this to exercise 10, THE FAB FIVE.



12. FIRST FLIGHT



13. ESSENTIAL ELEMENTS QUIZ Fill in the remaining note names before playing.

